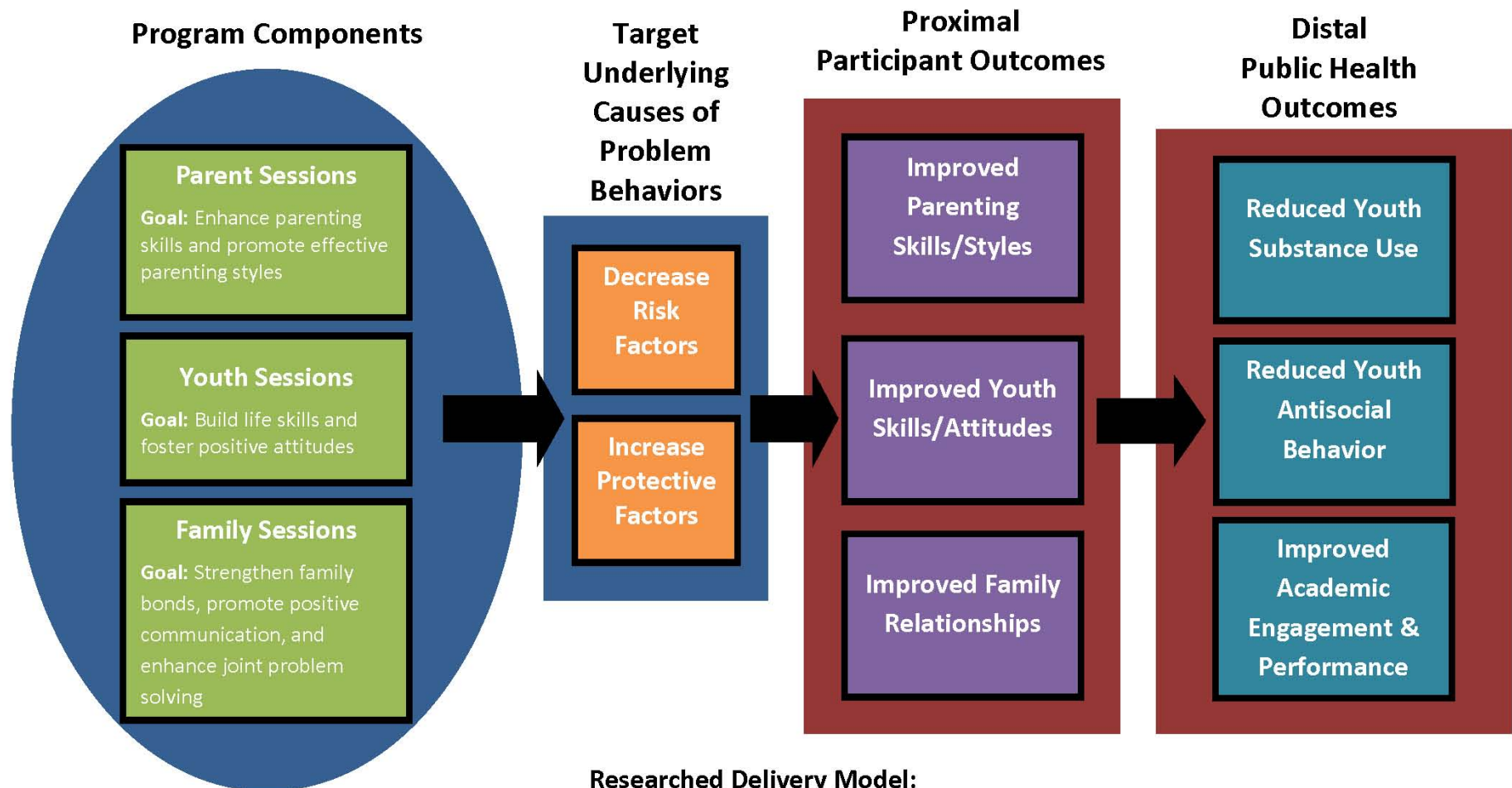


**CAFY, Inc. Certified Facilitators in Prince George's County, MD**  
**Family Session begin November 11, 2019 - Call 301-883-7322 to register**

**Strengthening Families Program: For Parents and Youth 10-14 (ISFP or SFP 10-14)**

The original version of this program was developed through Project Family by the Social and Behavioral Research Center for Rural Health at Iowa State University.

*Logic Model created by the Evidence-based Prevention and Intervention Support Center (EPISCenter) at the Pennsylvania State University*



- targets youth ages 10 to 14 and their caregivers
- goal of serving 10 families per program
- delivered once weekly for 7 weeks
- a scripted curriculum with interactive video instruction
- led by three facilitators
- parent and youth sessions run concurrently followed by a joint family session for approximately two hours of instruction
- a family meal is recommended prior to program delivery to promote bonding and facilitator modeling

**\$\$ It has been shown that for every dollar spent on implementation of SFP 10-14, there is a return of up to \$9.60 and a cost benefit of \$5,923 per youth. \$\$**

*Iowa State University, Institute for Social & Behavioral Research - Spoth, R., Guyll, M., & Day, S. (2002)*

