

trauma to be able to reach us at ANY time from anywhere.



CAFY has taken families out of harm's way by placing them in Safe Haven hotel rooms while their offender is being apprehended. We have also relocated **3** people to new homes (one to California) during the pandemic.





87 35 COUNSELING & LEGAL APPOINTMENTS

All mental health therapists and attorneys have been utilizing Telehealth and Telelegal programs to see clients and participate in support groups.

THANK YOU FOR YOUR SUPPORT DURING THIS TIME! WE TRULY COULD NOT DO THIS WORK WITHOUT YOU.





f the National Capital Are 9621







In collaboration with



Prince George's County will be distributing groceries to go at the following locations. Groceries will be distributed Fridays at 12:30pm, while supplies last. One (1) box per car. Please remain in your car.

~ Friday, July 17 Locations ~



Creative Suitland 4719 Silver Hill Road Suitland, MD 20746





Ebenezer A.M.E. Church 7707 Allentown Road Fort Washington, MD 20744





Turner A.M.E. Church 7201 16th Place Hyattsville, MD 20783



Walker Mill Baptist Church 6801 Walker Mill Road Capitol Heights, MD 20743

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Summer Meal Program Sites 2020 Community Sites - Lunch & Snack (June 22-26, M-F 12-2 p.m. for PGCPS families)		
Deerfield Run Community Ctr. (Laurel)	Marlow Heights Community Ctr. (Temple Hills)	St. Francis Church (Langley Park)
Glassmanor Community Ctr. (Oxon Hill)		
PGCPS School Sites - Breakfast & Lunch (June 29-August 13, M-Th 10 a.m12 p.m.)		
Accokeek Academy	Gladys Noon Spellman ES	Patuxent ES
Adelphi ES	Glenn Dale ES	Pointer Ridge ES
Allenwood ES	High Bridge ES	Port Towns ES
Apple Grove ES	High Point HS	Potomac Landing ES
Ardmore ES	Greenbelt ES	Ridgecrest ES
Berwyn Heights ES	Gwynn Park MS	Riverdale ES
Beacon Heights ES	Hillcrest Heights ES	Robert Frost ES
Benjamin Foulois CPA	Hollywood ES	Robert R. Gray ES
Benjamin Tasker MS	Hyattsville MS	Rosa L. Parks ES
Bradbury Heights ES	James Harrison ES	Rosaryville ES
Buck Lodge MS	James McHenry ES	Rose Valley ES
Capitol Heights ES	John Bayne ES	Samuel Chase ES
Carmody Hills ES	Judge Sylvania W. Woods ES	Samuel P. Massie Academy
Carole Highlands ES	Kenmoor MS	Scotchtown Hills ES
Cesar Chavez ES	Kettering MS	Seabrook ES
Clinton Grove ES	Lamont ES	Seat Pleasant ES
Concord ES	Langley Park-McCormick ES	Springhill Lake ES
Cooper Lane ES	Laurel ES	Stephen Decatur MS
Cora Rice ES	Lewisdale ES	Suitland ES
District Heights ES	Magnolia ES	Templeton ES
Dodge Park ES	Martin Luther King Jr. MS	Thomas S. Stone ES
Doswell E. Brooks ES	Mary Harris "Mother" Jones ES	Thurgood Marshall MS
Dwight D. Eisenhower MS	Mattaponi ES	Turning Point Academy
Edward M. Felegy ES	Melwood ES	Vansville ES
Ernest Everett Just MS	North Forestville ES	Walker Mill MS
Fairmont Heights HS	Overlook ES	William Beanes ES
Flintstone ES	Oxon Hill MS	William Paca ES
Fort Washington Forest ES	Paint Branch ES	William Wirt MS
Gaywood ES	Panorama ES	Woodridge ES
Apartments - Breakfast & Lunch (June 29-August 13, M-Th 10 a.m12 p.m.)		
Auburn Manor	Langley Garden	Queens Manor
Carriage Hill	Langley Terrace	University City
City Gate-Overland Garden	Oxon Hill Village	University Gardens
Kent Village	Pen Mar	Woodland Springs

All sites subject to change.

Minority Mental Health Month 2020

NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH



■ U.S. Department of Health and Human Services Office of Minority Health

Despite advances in health equity, disparities in mental health care persist. The <u>Agency for Healthcare Research and Quality (AHRQ)</u> reports that racial and ethnic minority groups in the U.S. are less likely to have access to mental health services, less likely to use community mental health services, more likely to use emergency departments, and more likely to receive lower quality care. Poor mental health care access and quality of care contribute to poor mental health outcomes, including suicide, among racial and ethnic minority populations.

According to the <u>Substance Abuse and Mental Health Services Administration</u> (SAMHSA) and the <u>CDC</u>:

- In 2017, 10.5% (3.5 million) of young adults age 18 to 25 had serious thoughts of suicide including 8.3% of non-Hispanic blacks and 9.2% of Hispanics.
- In 2017, 7.5% (2.5 million) of young adults age 18 to 25 had a serious mental illness including 7.6% of non-Hispanic Asians, 5.7% of Hispanics and 4.6% of non-Hispanic blacks.
- Feelings of anxiety and other signs of stress may become more pronounced during a global pandemic.
- People in some racial and ethnic minority groups may respond more strongly to the stress of a pandemic or crisis.

CAFY is here to help...

COUNSELING SERVICES

STRONGER NOW.

Counseling Individual Therapy Support Groups Legal Advice Court Accompaniment

24/7 Crisis Helpline 301-882-2002

Main Office (301) 390-4092 Counselling Center (301) 882-1000 Legal Clinic (301) 882-5300

CÁFY

SafeNight App



You can provide the gift of safety

Many domestic violence survivors leave with no where to go. You can give them shelter. How: Download the app and commit to pay for at least one night. You can give someone a SafeNight.

HELP NOW:

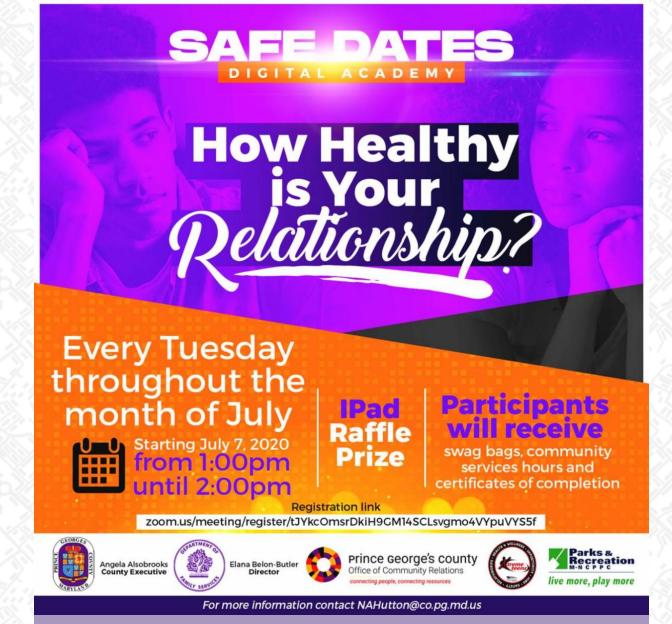
1: Download **SafeNight** App 2: **Select** MD and Community Advocates for Family & Youth 3: Receive an alert; make a **donation**

All donations are tax deductible

CAFY's 24/7 Help (301) 882- 2002

As you may imagine, due to the current pandemic our requests for Safe Haven hotel stays have increased. If you have been looking for a way to give back to your community, please consider downloading our SafeNight app. When we have a client who is in need of a safe place to stay and you have downloaded the app, an alert will be sent and you have the option to help pay for that room for the night.

DFS Safe Dates Virtual Academy



CAFY will be instructing on July 28th. Join us for a great discussion and interactive activity on healthy relationships.

How healthy is your relationship? Through the *Safe Dates Digital Academy*, teens will discuss session topics such as what is a caring relationship, causes of dating abuse, how to help a friend in an abusive relationship, coping and healthy communication tips, and important prevention techniques. At the conclusion of the series, each participant will receive:

- swag bag with useful goodies,
- community service hours,
- certificates of completion,
- and a chance to enter in a raffle to win an IPAD.

You don't want to miss these session. First session will begin**Tuesday, July 7, 2020 at 1:00pm** and will continue every Tuesday throughout the month of July.

Don't forget to invite a friend. Hope to see you there!

Register Here:

https://zoom.us/meeting/register/tJYkcOmsrDkiH9GM14SCLsvgmo4V

Survivor During COVID

2nd Degree Assault Survivor During COVID

Since the incident the family had to relocate to their daughter's house due to fear but could not stay permanently. The offender tested positive for Covid-19, therefore was not arrested. The family filed for a peace order in order to return to their home, but they also had an outstanding rent payment due to Covid-19. The victim was getting ready to start working until the crime occured. CAFY has provided legal services and financial assistance of \$2,972.32 to help the family get a fresh start and relocate because the offender's girlfriend is the victim's neighbor. As a result of CAFY's assitance, the family can start the healing process.

Support a Survivor

CAFY is Hiring!

Community Advocates for Family & Youth

Volunteer Coordinator

CAFY is looking for someone who is motivated, a team oriented worker, and has a passion for serving the community.

Responsibilities:

- Recruits and screens potential volunteers
- Volunteer policy development
- Matching volunteers to CAFY assignments and projects

Become an Americorp Volunteer Coordinator working with CAFY!

Hours:

Email us your resume: 40 hour position through AmeriCorp bsaget@cafyonline.org Subject: Volunteer Coordinator- Your Name







United Way of the National Capital Area 9621



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