

SPECIAL EDITION: COVID-19 UPDATE



Dear Friends,

I hope you and your family are doing well during this time. We, at CAFY, understand the pain, support and need for change. We also know the pain of the families and particularly the co-victims that are always left behind. We stand ready to recognize the need for change, against racism and biases, and willing to work and serve those in need. This is an especially difficult time for our community while we still are dealing with COVID-19, we want to make sure everyone has the resources they need to get through this. If you are dealing with the loss of a loved one, we now have a virtual Grief Support Group that meets every Wednesday. CAFY also continues to have Telehealth Counseling and Tele-Legal sessions. Please reach out to us with any of your needs at 301-882-1000, call 24/7 at 301-882-2002 or text 240-758-5120. #StrongerNow

Stay Safe, Arleen B. Joell











Prince George's County will be distributing groceries to go at the following locations. Groceries will be distributed Fridays at 12:30pm, while supplies last. One (1) box per car. Please remain in your car.

~ Friday, June 12 Locations ~



Beltsville Seventh Day Adventist 4220 Ammendale Road Beltsville, MD 20705



Community of Hope A.M.E. Church 3737 Branch Avenue Temple Hills, MD 20748



Mt. Ennon Baptist Church 9832 Piscataway Road Clinton, MD 20735



St. Margaret of Scotland Catholic Church 410 Addison Road South Capitol Heights, MD 20746



The First Baptist Church of District Heights The Sanctuary Kingdom Square 7234 Lansdale Street District Heights, MD 20747



5300 Crain Highway Upper Marlboro, MD 20772

PRINCE GEORGE'SIESUNTIL







Aisha N. Braveboy

State's Attorney Prince George's County, Maryland

PGSAO

Prince George's County State's Attorney's Office

VIRTUAL MEN'S COOKOUT

Pre-Father's Day Celebration

Our Purpose:

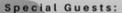
To encourage and inspire young people to strive for excellence, remain on their path to successand reflect on the challenges facing men of color



Special Host

Jason Abbott

Principal Deputy State's Attorney





Perrick Fenner

Derrick Fenner



Former NFL Football Player
Brian Mitchell



Chair, Economic Matters Committee
Delegate Dereck Davis

Friday, June 19, 2020 4 p.m. - 6 p.m.

Featuring:
Youth empowerment
Information about summer jobs & internships

#PGSAOMensEvent2020

<u>Prizes for:</u> Best grill & meal presentation

TO RSVP:

https://pgsaomensevent2020.eventbrite.com





National Safety Month





Get FREE tools to build a safer workplace this June for National Safety Month.

Visit nsc.org/nsm

#NSM

Members get more.

Join today at nsc.org/join2020



National Safety Month 2020 an nsc program

Take Care of Mental Health

TAKE CARE OF YOUR MENTAL HEALTH



Emotions are high during this difficult time. Here are some ways you can take care of yourself:

Release

Talk with friends you feel safe with or seek free counseling through Employee Assistance Programs at your job.

Recommend

Request an open forum at your company through HR to discuss these issues openly among others.

Reset

Be tactful about your daily scrolls – not every post, tweet, article or message requires your attention.

Remember

All the things you are feeling are valid. Take time to acknowledge them and give yourself some grace.

Feel stressed?

If you are concerned about your mental health or the mental health of friends or family, seek help. You are not alone.



nsc.org/MentalHealth



Social Distancing DOES NOT Equal Social Isolation

Here Are Some Tips To Stay In Touch With Family and Friends While Practicing Social Distancing:



Host Online Game Nights

- Virtual Pictionary
- Twenty Questions
- Video Charades
- Trivia Challenges

Invite Friends to a Virtual Dinner



over video chat



Leave Voice & Video Messages throughout the day for each other



Watch a TV Show Together as you would if in the same room

For resources on COVID-19, visit:

health.mypgc.us







CAFY Grief Support Group



CFC COVID Campaign









#15978

OPM has re-opened the CFC giving platform and mobile device applications to allow one-time gifts, separate from 2019 CFC pledges. Read more here about what has been shared with the federal workforce about the CFC Special Solicitation.

Survivor During COVID

MS. J WAS A VICTIM OF DOMESTIC VIOLENCE WAS FORCED TO REMAIN IN THE OFFENDER'S FAMILY HOME WHERE SHE WAS RENTING A ROOM. SHE DIDN'T HAVE A PLACE TO GO WITH HER 4 YEARS OLD SON. SHE NEEDED TO RELOCATE DUE TO THE OFFENDER'S FAMILY THREATS TOWARDS HER, HER SON AND HER FAMILY ARE IN THE COUNTRY OF HONDURAS. THE OFFENDER IS KNOWN AS A VIOLENT MAN AND HITMAN THERE.

MS. J FOUND A ROOM TO RELOCATE, WITH CAFY CASE MANAGER'S HELP. SHE COULD NOT RELOCATE UNTIL 5/1/20 AND SHE DIDN'T HAVE THE MONEY TO DO SO BECAUSE SHE JUST STARTED WORKING 3 MONTHS AGO. THE STATES ATTORNEY'S OFFICE IS HELPING THE CLIENT WITH THE DEPOSIT, FIRST AND SEOND MONTHS' OF RENT. CAFY WAS ABLE TO PLACE HER IN A HOTEL FOR 7 DAYS FOR SAFETY.

MS. J'S FINANCIAL ASSISTANCE WAS APPROVED IN PARTNERSHIP WITH THE PG STATE'S ATTORNEY'S OFFICE IN THE FULL AMOUNT FOR THE DEPOSIT, FIRST AND SECOND MONTHS' RENT.

"I could not have survived without CAFY's help. Thank you from the bottom of my heart" - Ms. J

Support a Survivor

For Our Seniors

SENIOR MEAL DELIVERY

NOTICE:

Effective Monday, March 16, 2020, the County will begin delivering seven frozen meal packs to seniors who receive meals at the Department of Family Services, Senior Nutrition Program sites, based on the center's meal delivery schedule.

DROP-OFF WINDOW: 10AM TO 4PM

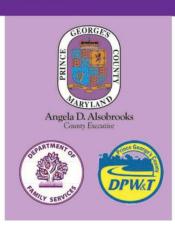


the meals unless someone receives them.

Transit will receive the packs and deliver them to seniors' residences between 10:00 a.m. and 4:00 p.m. Department of Public Works & Transportation staff will not enter the residence or provide assistance within the home.

Please be available during the drop-off window to receive meals and secure pets. The patron should meet the Transit Operators at the door for the meal pack. Each meal participant will receive an automated notification 5 minutes prior to arrival.

For more information, contact the Department of Family Services, Senior Nutrition Program at (301) 265-8475.





STATE'S ATTORNEY





FOR MORE INFORMATION CONTACT:

MERCEDES RIVERA 301-952-4448 OR EMAIL CMRIVERA@CO.PG.MD.US





A VIRTUAL EVENT FOCUSED ON PROTECTING SENIORS

PLEASE REGISTER AND JOIN US:

MONDAY, JUNE 15, 2020 10:00AM - 11:30AM

REGISTER early via Eventbrite @ https://weaad2020.eventbrite.com









Speaker Topics:

Financial Scams

Fraudulent, illegal and unauthorized use of benefits and resources for personal gain. How to avoid becoming a victim?

COVID-19 Scams

Several COVID-19 scams that are spreading this summer.

U.S. Postal Scams

Good habits and precautions to protect your packages and mail.





