



Current:

## SPECIAL EDITION: COVID-19 UPDATE



Dear Friends,

I hope you and your family are doing well during this time. We, at CAFY, understand the pain, support and need for change. We also know the pain of the families and particularly the co-victims that are always left behind. We stand ready to recognize the need for change, against racism and biases, and willing to work and serve those in need. This is an especially difficult time for our community while we still are dealing with COVID-19, we want to make sure everyone has the resources they need to get through this. If you are dealing with the loss of a loved one, we now have a virtual Grief Support Group that meets every Wednesday. CAFY also continues to have Telehealth Counseling and Tele-Legal sessions. Please reach out to us with any of your needs at 301-882-1000, call 24/7 at 301-882-2002 or text 240-758-5120.

#StrongerNow

Stay Safe,  
Arleen B. Joell

*we're all in this*  
**T O G E  
T H E R**



Prince George's County will be distributing groceries to go at the following locations. Groceries will be distributed Fridays at 12:30pm, while supplies last. One (1) box per car. Please remain in your car.

### ~ Friday, June 12 Locations ~



**Beltsville Seventh Day Adventist**  
4220 Ammendale Road  
Beltsville, MD 20705



**Community of Hope A.M.E. Church**  
3737 Branch Avenue  
Temple Hills, MD 20748



**Mt. Ennon Baptist Church**  
9832 Piscataway Road  
Clinton, MD 20735



**St. Margaret of Scotland Catholic Church**  
410 Addison Road South  
Capitol Heights, MD 20746



**The First Baptist Church of District Heights**  
7234 Lansdale Street  
District Heights, MD 20747



**The Sanctuary Kingdom Square**  
5300 Crain Highway  
Upper Marlboro, MD 20772

PRINCE GEORGE'S COUNTY COUNCIL



Angela D. Alsobrooks  
County Executive





**Aisha N. Braveboy**  
State's Attorney  
Prince George's County, Maryland

# PGSAO

Prince George's County State's Attorney's Office

## VIRTUAL MEN'S COOKOUT

Pre-Father's Day Celebration

Our Purpose:

To encourage and inspire young people to strive for excellence, remain on their path to success and reflect on the challenges facing men of color



Special Host  
**Jason Abbott**  
Principal Deputy State's Attorney

Special Guests:



Former NFL Football Player  
**Derrick Fenner**



Former NFL Football Player  
**Brian Mitchell**



Chair, Economic Matters Committee  
**Delegate Dereck Davis**

**Friday, June 19, 2020**

**4 p.m. - 6 p.m.**

**Featuring:**  
Youth empowerment  
Information about summer jobs & internships

**Prizes for:**  
Best grill & meal presentation




**#PGSAOMensEvent2020**

**To RSVP:**  
<https://pgsaomensevent2020.eventbrite.com>

Event Partner



14735 Main Street | Suite M3403 | Upper Marlboro MD | 20772 | (301) 952-3500

<http://sao.mypgc.us> | @pgsaonews   

**National Safety Month**



NATIONAL  
**SAFETY**  
MONTH **2020**



# YOU ARE SOMEONE'S REASON FOR STAYING SAFE. WHO'S YOURS?

Get **FREE** tools to build a safer workplace  
this June for National Safety Month.

Visit [nsc.org/nsm](https://nsc.org/nsm)

#NSM

**Members get more.**

Join today at [nsc.org/join2020](https://nsc.org/join2020)



**National Safety  
Month 2020**  
an **nsc** program

**Take Care of Mental Health**

# TAKE CARE OF YOUR MENTAL HEALTH



*Emotions are high during this difficult time.*

*Here are some ways you can take care of yourself:*

## **Release**

Talk with friends you feel safe with or seek free counseling through Employee Assistance Programs at your job.

## **Recommend**

Request an open forum at your company through HR to discuss these issues openly among others.

## **Reset**

Be tactful about your daily scrolls – not every post, tweet, article or message requires your attention.

## **Remember**

All the things you are feeling are valid. Take time to acknowledge them and give yourself some grace.

## **Feel stressed?**

If you are concerned about your mental health or the mental health of friends or family, seek help. You are not alone.



[nsc.org/MentalHealth](https://nsc.org/MentalHealth)

Here Are Some Tips To Stay In Touch With Family and Friends While Practicing Social Distancing:



### Host Online Game Nights

- Virtual Pictionary
- Twenty Questions
- Video Charades
- Trivia Challenges

### Invite Friends to a Virtual Dinner



over  
the phone



over video chat



Leave Voice &  
Video Messages  
throughout the day  
for each other



Watch a TV Show Together  
as you would if in the same room

For resources on  
COVID-19, visit:

[health.mypgc.us](http://health.mypgc.us)



Angela D. Alsobrooks  
County Executive

HEALTH  
DEPARTMENT  
Prince George's County



# CAFY Grief Support Group



Community Advocates for Family & Youth

## GRIEF SUPPORT GROUP

Every Wednesday at 6pm.

These sessions will be held virtually via Telehealth. If you have experienced loss of a loved one, whether it be homicide or COVID-19, please join one of our mental health team members and others who are experiencing the same grief every Wednesday at 6pm.

Join a network of support and become #StrongerNow

GO TO [WWW.ZOOM.US](http://WWW.ZOOM.US) AND CLICK "JOIN A MEETING"  
OR DIAL (301)-715-8592  
MEETING ID: 857 3000 9749  
PASSWORD: 415230



## CFC COVID Campaign



PROUD MEMBER OF



United Way  
of the National Capital Area

9621



#15978



OPM has re-opened the CFC giving platform and mobile device applications to allow one-time gifts, separate from 2019 CFC pledges. Read more [here](#) about what has been shared with the federal workforce about the CFC Special Solicitation.

## Survivor During COVID



MS. J WAS A VICTIM OF DOMESTIC VIOLENCE WAS FORCED TO REMAIN IN THE OFFENDER'S FAMILY HOME WHERE SHE WAS RENTING A ROOM. SHE DIDN'T HAVE A PLACE TO GO WITH HER 4 YEARS OLD SON. SHE NEEDED TO RELOCATE DUE TO THE OFFENDER'S FAMILY THREATS TOWARDS HER, HER SON AND HER FAMILY ARE IN THE COUNTRY OF HONDURAS. THE OFFENDER IS KNOWN AS A VIOLENT MAN AND HITMAN THERE.

MS. J FOUND A ROOM TO RELOCATE, WITH CAFY CASE MANAGER'S HELP. SHE COULD NOT RELOCATE UNTIL 5/1/20 AND SHE DIDN'T HAVE THE MONEY TO DO SO BECAUSE SHE JUST STARTED WORKING 3 MONTHS AGO. THE STATES ATTORNEY'S OFFICE IS HELPING THE CLIENT WITH THE DEPOSIT, FIRST AND SEOND MONTHS' OF RENT. CAFY WAS ABLE TO PLACE HER IN A HOTEL FOR 7 DAYS FOR SAFETY.

MS. J'S FINANCIAL ASSISTANCE WAS APPROVED IN PARTNERSHIP WITH THE PG STATE'S ATTORNEY'S OFFICE IN THE FULL AMOUNT FOR THE DEPOSIT, FIRST AND SECOND MONTHS' RENT.

"I could not have survived without CAFY's help.  
Thank you from the bottom of my heart" - Ms. J

**Support a Survivor**

**For Our Seniors**

# SENIOR MEAL DELIVERY

## NOTICE:

Effective Monday, March 16, 2020, the County will begin delivering seven frozen meal packs to seniors who receive meals at the Department of Family Services, Senior Nutrition Program sites, based on the center's meal delivery schedule.

**DROP-OFF WINDOW: 10AM TO 4PM**



Seniors will receive a call to the telephone number on their contact sheet when the driver is 5 minutes away. They must answer the door, as the driver won't leave the meals unless someone receives them.

Transit will receive the packs and deliver them to seniors' residences between 10:00 a.m. and 4:00 p.m. Department of Public Works & Transportation staff will not enter the residence or provide assistance within the home.

Please be available during the drop-off window to receive meals and secure pets. The patron should meet the Transit Operators at the door for the meal pack. Each meal participant will receive an automated notification 5 minutes prior to arrival.

For more information, contact the Department of Family Services, Senior Nutrition Program at (301) 265-8475.



Angela D. Alsobrooks  
County Executive





AISHA N. BRAVEBOY  
STATE'S ATTORNEY



OFFICE OF THE STATE'S ATTORNEY  
FOR PRINCE GEORGE'S COUNTY  
IN PARTNERSHIP WITH  
DEPARTMENT OF FAMILY SERVICES



Community Engagement  
Aisha N. Braveboy  
State's Attorney  
Prince George's County, Maryland

# WORLD ELDER ABUSE AWARENESS DAY



A VIRTUAL EVENT FOCUSED ON PROTECTING SENIORS



Our partners:

FOR MORE  
INFORMATION  
CONTACT:

MERCEDES RIVERA  
301-952-4448  
OR EMAIL  
CMRIVERA@CO.PG.MD.US

PLEASE REGISTER AND JOIN US:

**MONDAY, JUNE 15, 2020**  
**10:00AM - 11:30AM**

REGISTER early via Eventbrite @  
<https://weaad2020.eventbrite.com>



## Speaker Topics:

- **Financial Scams**  
Fraudulent, illegal and unauthorized use of benefits and resources for personal gain. How to avoid becoming a victim?
- **COVID-19 Scams**  
Several COVID-19 scams that are spreading this summer.
- **U.S. Postal Scams**  
Good habits and precautions to protect your packages and mail.

